

NAME	HOURS	WHAT'S AVAILABLE	ELIGIBILITY	COMMENTS
<b>CATHOLIC CHARITIES</b> Emergency Assistance Program 349 Cedar Street, Room 101 San Diego, CA 92101 (619) 231-2828 Fax: (619) 234-2272 X102	Food Pick-up: Mon - Fri: 9am to 11:30am 1pm to 3:30pm Sign up at 8am and Noon	Non-perishable food for 2-3 days. Perishable food available (varies). (Emergency only.) \$35.00 per year.	Identification and proof of current residence in San Diego. Any zip code and a rent receipt for current month. First come/first served. IDs for others in household.	Can refer people to agency closer to their area. Walk-in accepted.
Rachel's Women's Center 759 8th Avenue San Diego, CA 92101 (619) 696-0873 Fax: (619) 696-9042	Mon – Sun: Lottery for lunch: 9:45am (Can feed 50) 11:30am to 12:30pm Day Center 7 days: 7am to 5pm	Serves homeless females. Night shelter for 35 women.	18 years and older. Single. Walk-in. "Lottery System" used to assign beds at 7:30 Open at 7am. to sign up.	Medical screening. Alcohol support groups. NA and AA. Physically able to climb 30 steps to night shelter.
<b>FIRST LUTHERAN CHURCH</b> 1420 3rd Avenue San Diego, CA 92101 (619) 234-6149 Fax: (619) 234-9128	Fri: 9am to 9:45am Mon evening: 4pm	Full meal to anyone.	Anyone in need.	Meals vary.
<b>GOD'S EXTENDED HAND</b> 469 16th Street (at Island Avenue) San Diego, CA 92101 P. O. Box 989 San Diego, CA 92112 (619) 234-3251 Fax: (619) 234-3310	Mon, Tue, Thur, Fri, Sat: 8am & 3pm Sun: 3pm	2 meals per day on Mon, Tue, Thur, Fri & Sat. Sun: 3 pm only.	Anyone in need. No age limits.	Provides meals with church service. Spiritual counseling. Clothing for men and women. Check additional services & mealtimes on board outside building.

SAINT VINCENT De  
PAUL VILLAGE Joan Kroc  
Center/Bishop  
Maher/Paul Mirabile  
Center  
1501 Imperial Avenue  
San Diego, CA 92101  
(619) 233-8500  
Fax: (619) 235-9707

Start Times: Meals for  
non-residents Mon – Sat.  
Lunch 11am to 12:30pm  
Brunch Sun: 9:30am to  
11am

Meals for residents.  
Shelter only, by referring  
agencies or INFO-LINE,  
call daily to find out  
availability. Medical clinic  
and counseling. Short  
Term: 4 months.

Anyone in need.

Walk in and sign in at  
the door. Clothing  
vouchers for thrift store  
Mon – Sat 8:30am to  
10am.

Salvation Army,  
Main Office  
825 7th Avenue San  
Diego, CA 92101  
(619) 231-6000  
Fax: (619) 231-3274  
X2400

Mon, Wed, Fri: 10am to  
noon Tue: appointment  
only Wed: 10am to 12  
Thur: appointment only  
Fri: 10am to Noon 1pm  
to 3pm

3-day supply of  
emergency food: canned  
and dried foods, bread.

Anyone in need. Photo  
ID. and SS#. Proof of  
income. Must verify  
emergency. SS# for  
children.

Assistance once every 30  
days.

San Diego Coalition For  
Homeless  
Meal Center 13th and  
Broadway San Diego, CA  
92101

Meals: Tues: 7pm

Hot meals provided.

Anyone in need.

SAN DIEGO RESCUE  
MISSION  
120 Elm Street San  
Diego, CA 92101  
(619) 687-3720  
Fax: (619) 234-4101

8am to 5pm  
Appointment only.

Education, counseling,  
medical, meals, spiritual,  
vocational transitional  
living. Food to non-profit  
agencies. Call: (619)  
778-7224

Homeless men in the  
rehabilitation program.  
Rehabilitation assistance  
provided to residents  
only.

Emergency Shelter:  
Nueva Vida Haven  
Dinner and Breakfast at  
shelter. Homeless  
women & children in the  
rehabilitation program.  
Children 12 and under.